



10-11's Practice Schedule

Phase I Practice Schedule – Week of Nov 25th-Week of Jan 13th

Sunday (Academy Training Position Training)	Tuesday (Academy Training/Team Practice)	Wed or TH (Team Practice)	Saturday (Team Practice) See Dates Below
12:30 Setters 1:00-3:00 All Life U or The Cooler Refer to Practice Schedule	6:30-8:30 Davis LS	10-1 TH 6:30-8:30 Davis 11-1 TH 6:30-8:30 Davis 11-2 TH 6:30-8:30 AJA or Davis	9:30 am-11:30 am

Rotations are as follows:

- **Saturday December 8th or 15th** 11's/12's will practice
- **Saturday January 12th:** 11's/12's will practice

Phase II Practice Schedule – Week of Jan 20th – Week of April 21st

Sunday (Academy Training Position Training)	Tuesday (Academy Training/Team Practice)	Wed or TH (Team Practice)
12:30 Setters 1:00-3:00 All Life U	6:30-8:30 Davis LS this practice occurs ONLY if Tournament on Sunday prevents Sunday practice OR Head Coach feels that an additional practice is needed	10-1 TH 6:30-8:30 Davis 11-1 TH 6:30-8:30 Davis 11-2 TH 6:30-8:30 AJA or Davis

Holiday Group Training: Dec 28th and 29th times to be announced.

2018-19 Tournament Schedule

Tournament	Competition Dates	Location
Rally Challenge (AAU) 10 & 11's teams	Jan 26 th -27 th	Emerson, GA
Mt Spikemore 10 & 11's teams	Feb 16-17 th	Emerson, GA
NAVC Winter Dig 10's & 11's teams	Feb 23 rd	Atlanta, GA
NAVC Spring Fling 10 & 11 teams	March 16 th (one day)	Atlanta, GA
NAVC Pre BSQ Bash 10 & 11 teams	March 23 rd	Atlanta, GA
To Be Determined 10's & 11's teams	April 12-14 th or April 20 th	Atlanta, GA
SRVA Championships 10's & 11's teams	April 27-28 th	Atlanta, GA

**Teams will have choice of attending both AAU and USAV (if we receive bid) or only attending USAV Nationals. If team chooses to attend both tournaments there will be an additional cost

***This is TENTATIVE PRACTICE AND TOURNAMENT SCHEDULE CHANGES MAY OCCUR DUE TO TOURNAMENT SELECTIONS AND FACILITY AVAILABILITY.