



13's Practice Schedule (exception Metro Team)

Phase I Practice Schedule Week of Nov 25th thru Week of Jan 13th

Sunday (Academy Training)	Monday (Position Clinics 2 times per month)	Tuesday (Academy Training/Team Practice)	Wed or TH (Team Practice)	Saturday (Team Practice) Dec 8 th or 15 th Jan 12 th
2:30 Setters 3:00-5:30 All Life U or The Cooler Refer to practice schedule	Mizuno level teams Included in Player Fee Molten, Region, Metro teams have optional packages to choose from at additional cost. 6:30 Setters 7:00-8:30 All Davis MS or LS 2 x per month refer to schedule	13 Mizuno 6:30-9:00 pm Davis MS 13 Molten 6:30-9:00 pm Davis MS	13 Mizuno TH 6:30-9:00 Epstein 13 Molten 6:30-9:00 Davis MS 13 Region TH 6:30-9:00 Davis LS	9:30-11:30 am (teams will only have 2 Saturday practices during the season on the above dates)

Phase II Practice Schedule – Week of Jan 20th thru End of Season depending on team level you are on

Sunday (Academy Training)	Monday (Position Clinics) See dates below	Tuesday (Academy Training/Team Practice)	Wed or TH (Team Practice)
2:30 Setters 3:00-5:30 All Life U	Mizuno level teams Included in Player Fee Molten, Region, Metro teams have optional packages to choose from at additional cost. 6:30 Setters 7:00-8:30 All Davis MS or LS 2 x per month refer to schedule	13 Mizuno 6:30-9:00 pm Davis MS 13 Molten 6:30-9:00 pm Davis MS	13 Mizuno TH 6:30-9:00 Epstein or AJA New Gym 13 Molten Wed 6:30-9:00 Davis MS 13 Region TH 6:30-9:00 Davis LS

Holiday Group Training: Dec 28th and 29th times to be announced

2018-19 Tournament Schedule

Tournament	Competition Dates	Location
Rally Challenge (AAU) All 13's teams	Jan 26-27th	Emerson, GA
Block & Roll (USAV) All 13's teams	Feb 9 th -10 th	Franklin, TN
Mt Spikemore (USAV) All 13's teams	Feb 16 th -17 th	Emerson, GA
Sunshine Volleyball Classic National Qualifier All 13 Mizuno, 13 Molten	March 15-17 (3 day Fri-Sunday)	Orlando, FL
Big South National Qualifier All 13's teams	April 12-14 th (3 day Fri-Sunday)	Atlanta, GA
SRVA Championships All 13's teams	April 27-28 th	Atlanta, GA
K2 Summer Blast All 13's teams	May 11-12 th	Sevierville, TN
Rally Rumble All 13's teams	June 1 st -2 nd	Emerson, GA
AAU Nationals** 13 Mizuno & 13 Molten teams	June 16-28th	Orlando, FL
USAV Junior Nationals**	June 27-July 6th	Indianapolis, IN

**Teams will have choice of attending both AAU and USAV (if we receive bid) or only attending USAV Nationals. If team chooses to attend both tournaments there will be an additional cost

***This is TENTATIVE PRACTICE AND TOURNAMENT SCHEDULE CHANGES MAY OCCUR DUE TO TOURNAMENT SELECTIONS AND FACILITY AVAILABILITY.