



EDUCATION

Georgia State University, Atlanta, GA

January 2017–Present

Master of Science in Sports Administration

University of Northern Iowa, Cedar Falls, IA

August 2013–December 2016

Bachelor of Arts in Movement & Exercise Science: Sports Psychology

- Minor in Coaching
- Cumulative GPA: 3.84/4.00

Certifications:

- IMPACT and SafeSport certified



EXPERIENCE

Georgia State University Beach Volleyball Team, Atlanta, GA

January 2017–Present

University of Northern Iowa Volleyball Team, Cedar Falls, IA

August 2013–December 2016

Team Captain, Starting Libero/Outside Hitter

- Managed 20+ hours per week of practice/games and upheld academic success
- Collaborated with coaching staff to ensure positive experiences for the team
- Led team through effective communication, hard work, and discipline; mentored younger scholar-athletes
- Encouraged team to push past limits and break down barriers; responded to adversity with ease and confidence

Individual Honors

- First Team Missouri Valley Conference Scholar-Athlete 2014, 2015, 2016
- First Team Missouri Valley Conference 2015, 2016
- Second Team Missouri Valley Conference 2014
- All-Freshmen Team Selection Missouri Valley Conference 2013

USAV Women's Collegiate National Team, New Orleans, LA (2015), Indianapolis, IN (2016)

Summer 2015, 2016

Libero/Defensive Specialist

- Participated in 10-day program with 35 of the best players in the country
- Demonstrated high-level volleyball skills to elite coaches; led team to success with passion, grit and determination

Club Iowa Juniors (CIA), Cedar Falls, IA

December 2013–July 2016

Assistant Coach

- Coached athletes to excel as players on court and people off court; offered honest and constructive feedback
- Aided head coach in forming practice plans and line-ups for competition
- Provided accurate statistics to head coach and college scouts when requested



LEADERSHIP

Missouri Valley Conference SAAC, St. Louis, MO

Spring 2015-Fall 2016

UNI Female Representative

- Corresponded with fellow members to discuss NCAA national-level issues and proposals
- Reported important information from UNI SAAC to MVC SAAC and vice versa

University of Northern Iowa SAAC, Cedar Falls, IA

Spring 2014-Fall 2016

Executive Board, Volleyball Team Representative

- Brainstormed potential advancements to enhance the experiences of scholar-athletes at UNI
- Chaired the Athletic Department Engagement Sub-Committee
- Proposed and executed events in the athletic department and across campus

VOLUNTEER EXPERIENCE/COMMUNITY ENGAGEMENT

August 2013-December 2016

- 100+ hours of community service around the Cedar Valley
- Assisted in building houses for Habitat for Humanity
- Mentored children at the Salvation Army after-school program
- Helped organize annual Relay for Life event
- Encouraged and mentored children of the Boys and Girls Club
- Provided assistance in preparing meals at the Northeast Iowa Food Bank